

Handout for Needle Play: The Basics & Beyond

Given by Suzanne SxySadist & Neil Shadow

Basic Needle play technique

Supplies you will need:

- Needles (Remember the higher the number the thinner the needles: 25 gauge are thin, 18 are larger)
- Latex Gloves (non-latex if you or the subject have latex allergies)
- Alcohol swabs, betadine or other cleaning supplies for the skin surface (Please note that people with shellfish allergies should not use iodine or betadine)
- Cotton or gauze pads
- Band-Aids or liquid bandage spray
- Towels, drop cloths or chucks to protect the table, floor etc.
- Sharps container
- Small corks or Styrofoam for capping off the point of the needles

Where to Get Needles:

- Ø Needles are ordered by the box of 100. Ask for the number of boxes by gauge and length. For example 2 boxes 25 gauge by one and a half-inch. They are fairly inexpensive, between \$10.00 & \$15.00 a box.
- Ø BME Tool Store - <http://www.bmeshop.com>
- Ø Choice Medical Supply - 1800 456-3500

Preparation & Procedure:

- Find a good location to do the scene, preferably where the subject can lie down.
- Lay out your supplies neatly and cover the area with a towel or other protection.
- Put on gloves (double if preferred).
- Make sure the subject is relaxed and ready.
- Breathe with the subject, slow deep calming breaths.
- Choose the site on the body carefully and then clean the piercing site thoroughly with at least alcohol (betadine first then alcohol for extra precaution, use outward circular motions). It is possible for experienced players to pierce just about every part of the body, although I strongly suggest you stick with meaty & fleshy areas of the body when first learning. It is not wise to pierce breasts with implants or that are prone to cysts. I also usually avoid bones, major arteries & the eyes.
- Uncap the needle carefully and discard the sheath, (do NOT attempt to recap the needle).
- Pinch or stretch the skin, rest needle gently on the skin with the bevel up.
- Tell the subject to take a deep breath, as the subject releases the breath slide the needle through in one easy motion.
- You may cap the tip with a cork or slide the needle tip back into the skin for safety.
- At the end of your scene, remove the needle gently by first spinning it slightly in both directions then sliding it straight back, and then apply pressure to the site with a cotton ball or alcohol pad until bleeding stops.
- Place the needle (and any other bio hazard material) immediately in a Sharps container or capped bottle.
- Please dispose of these items properly. This company provides sharp containers with pre-paid shipping for disposal:
http://www.allegromedical.com/syringes_needles/sharps_disposal/kendall/sharpsafety_mail_away_program.P191829
- Some people require far more aftercare following a piercing scene than others. Please be aware of this and budget your time accordingly. It is also a good idea to have a cool drink and a sugary snack on hand.

Important Reminders:

- Do not use any needles that are not sterile & factory sealed. They must be used once and then discarded.
- It is one of the few SM activities that is as dangerous to the top as to the bottom. Be very cautious not to break your own skin with the needle after breaking the skin of another or vice versa.
- Follow all safe sex guidelines in respects to body fluids or blood!
- Many people become faint or light headed after piercing, watch them carefully and do not let them move about unaided. Smelling salts is not a bad thing to keep in your needle case.
- This is considered edge play, even by most hardcore masochists and there are several dangers associated with it. Please practice with someone who has experience till you are sure you know enough to do it on your own.

- It is illegal to possess needles without a prescription in many states and there are laws that prohibit transporting them also. Please be aware of your local ordinances.

More Advanced Play Types & Tips

Optional Supplies:

- Ø Kite string or fine cord
- Ø Small gauge fishing line
- Ø Stencils, or templates for designs
- Ø Surgical Stapler & remover
- Ø Surgical pen or marker
- Ø Wax paper & Mennen deodorant
- Ø Beads, bells, pearls, feathers etc
- Ø Birthday candles

A Few Advanced Technique Ideas:

- Butterfly Board Play
- Crown of Thorns
- § Be aware that the head of the penis is made of far more sensitive & is made of spongier tissue than the shaft and bleeds profusely when pierced. It will require more attention to stop the bleeding.
- Fishing Line through the needles
 - § This is VERY tricky and requires very good eyesight & coordination. Please be very careful and be sure the fishing line is clean before inserting it into the needle.
- Infibulation – stitching or stapling the genitals
- Lacing & Needle Bondage –
 - § Be careful that the needle is not too close to the skin surface that it may rip out, if you can see it clearly under the skin, it is too shallow.
 - § Do not tie the needles off to anything unless the subject is securely supported or lying down.
 - § It is often easier to remove the needles then pick up the string rather than unthread it.
- Stapling –
 - § When using the staple remover, insert the two pronged side under the staple with the one prong side on top, otherwise you will jam the staple deeper and make it very hard to remove.
- Suturing –
 - § The little curved needle is very tricky to work with & requires a lot of practice to do gracefully.
- Testicle Piercing –
 - § This is a very advanced technique and should NOT be attempted without proper training!
- Needles with Candles in them – Again be very careful / fire hazard!

Play safely & have fun!

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